



SEEK FIRST

Matthew 6:33



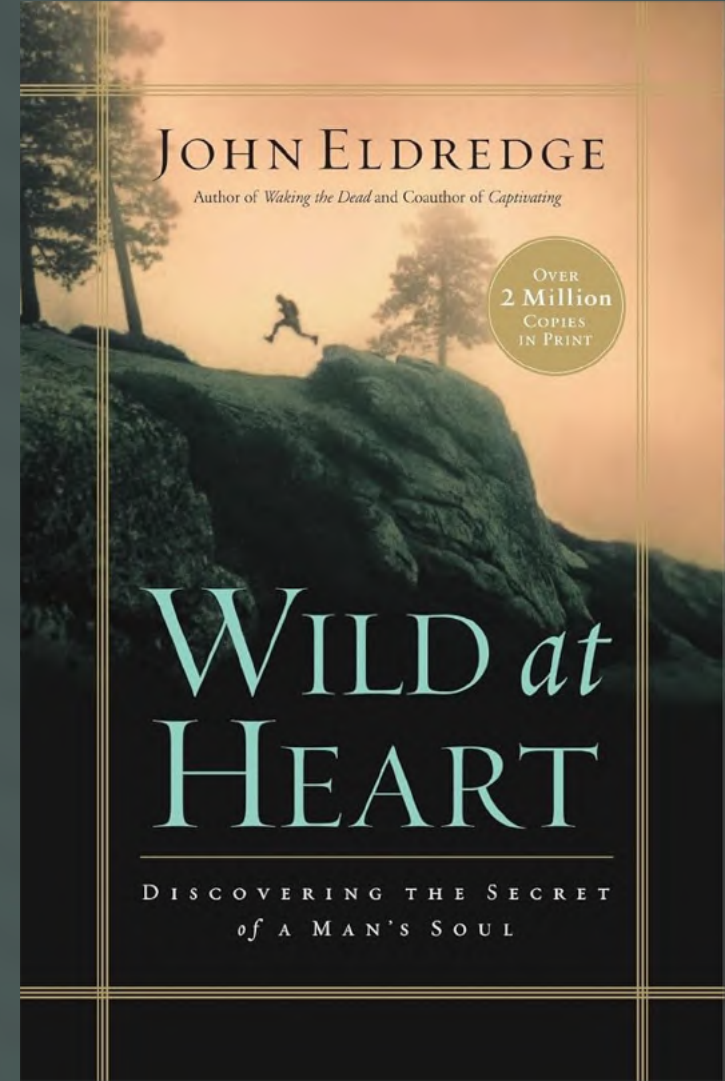


Anxiety- a future-oriented response focused on a diffuse, **potential** threat, unlike fear, which is a short-lived reaction to a clear and present danger.

-**American Psychological Association**

"This world we live in is **constantly** assaulting our souls. The pace of life, the complexity, the lack of any real margin, the tsunami of information and technology bombarding our attention, the heartbreak of the world...

The soul was never meant to process, navigate, or carry this much."



As a society, we are growing
up *Faster* than we ever have but
maturing *Slower* than ever.

Philippians 4:7

Faith:

“a peace that transcends

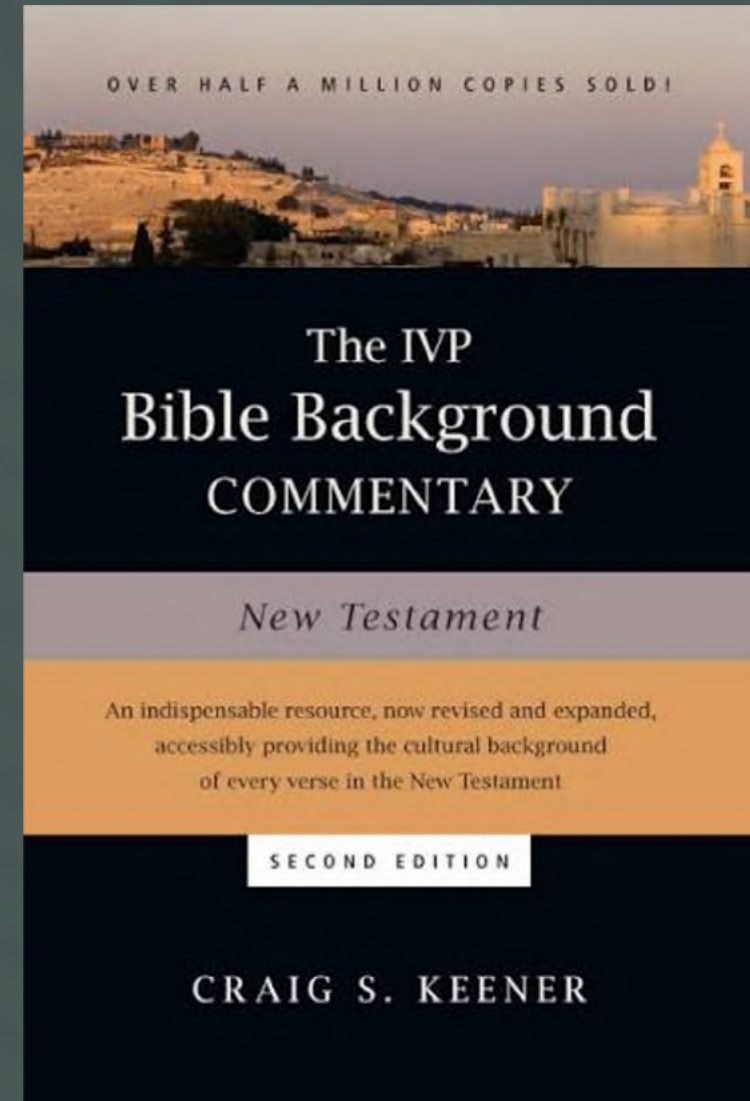
ALL understanding”

Which **King** am I
submitting to?

What is our
King Jesus like?

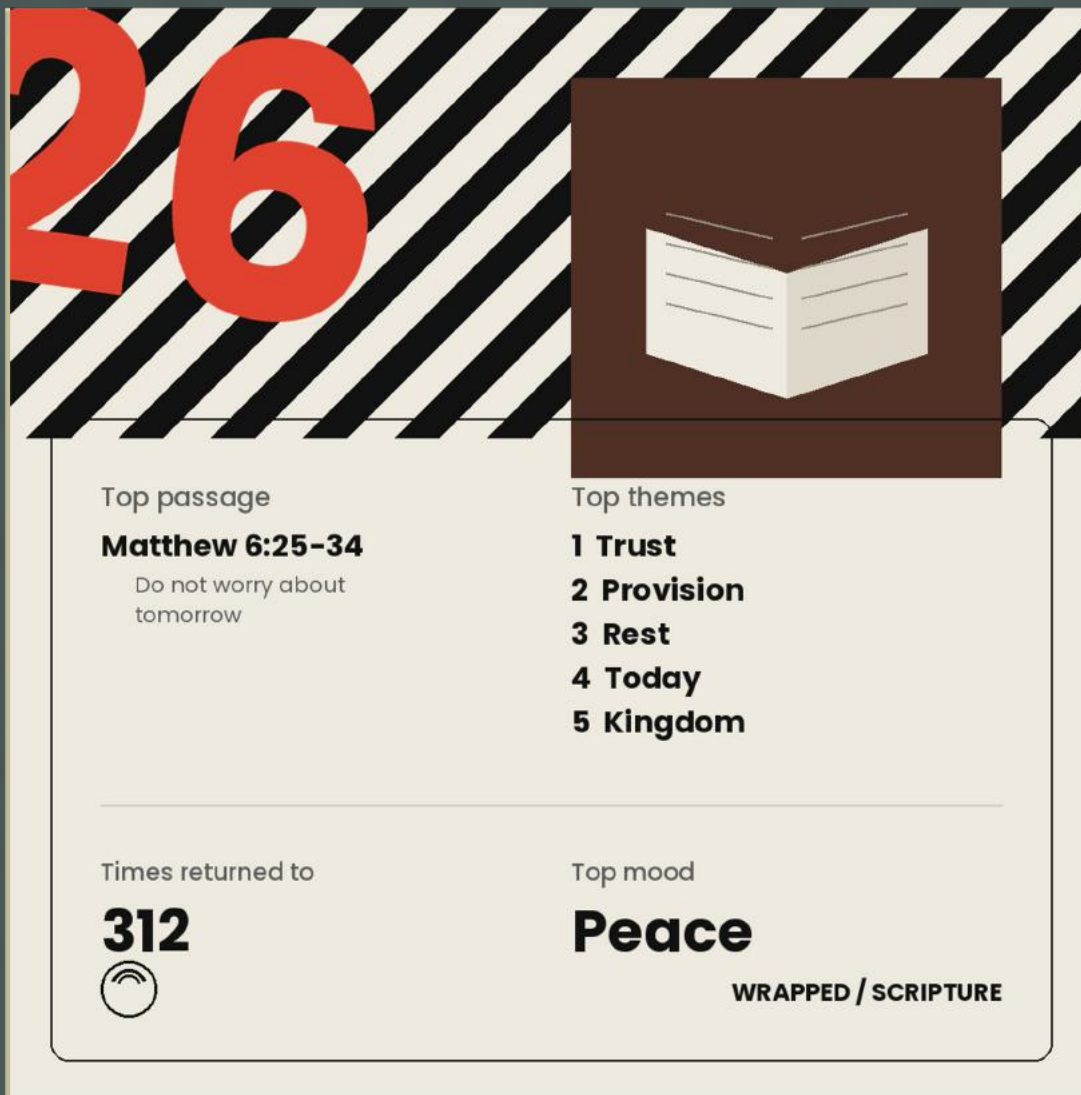
Matthew 6:25-34

Most people in antiquity had little beyond basic necessities — food, clothing, and shelter. Because their acquisition of these necessities often depended — especially in rural areas — on seasonal rains or (in Egypt) the flooding of the Nile, they had plenty of cause for stress even about food and clothing.



My God is the Provision





Matthew 6:25-34

“Do I have a Yoke?

Whose Yoke do I Carry?

“Let ME carry the weight of
the world on MY shoulders.”

-Jesus

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- **Tanner said**, "I don't remember, and it's probably a self-protection trauma response to how bad it went."



- **Hannah said**, "Well, what I remember is the kids looked even less interested than I probably was."



Let us just submit ourselves
to **JESUS**, without worry and
without hesitation.
Because **He** is the kind of **King**
worth following.