

Why Do You Worry?

Matt. 6:25-34

“Therefore I tell you: Don’t worry about your life, what you will eat or what you will drink; or about your body, what you will wear. Isn’t life more than food and the body more than clothing? Consider the birds of the sky: They don’t sow or reap or gather into barns, yet your heavenly Father feeds them. Aren’t you worth more than they? Can any of you add one moment to his life span by worrying? And why do you worry about clothes? Observe how the wildflowers of the field grow: They don’t labor or spin thread. Yet I tell you that not even Solomon in all his splendor was adorned like one of these.

If that's how God clothes the grass of the field, which is here today and thrown into the furnace tomorrow, won't he do much more for you—you of little faith? So don't worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them. But seek first the kingdom of God and his righteousness, and all these things will be provided for you. Therefore don't worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 6:25-34

Don't store up treasures on earth. Where your treasure is, there your heart will be. The eye is the lamp of the body. No one can serve two masters. You can't serve both God and money (Mammon).

Matthew 6:19-24

Therefore, I tell you, don't worry
about your life.

Jesus is not shaming
us for our worries.

He's inviting us to
shift our focus.

Can any of you add one
moment to your life span
by worrying?

- Matt. 6:27

The Creator serves his creatures as farmer, baker, tailor, and beautician as well. **The Father is not to be left out of a single concern** - least of all from physical concerns. **He is not too busy to be bothered.** The living God lavishes every wildflower with all the beauty of Solomon's court. Not only is the Father the Creator of basic things; **he is also the Creator of beautiful things.**

So don't worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them. But seek first the kingdom of God and his righteousness, and all these things will be provided for you.

- Matt. 6:31-33



Parable of the Sower

Luke 8:4-15

“This is the meaning of the parable: The seed is the word of God. The seed along the path are those who have heard and then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. And the seed on the rock are those who, when they hear, receive the word with joy. Having no root, these believe for a while and fall away in a time of testing. As for the seed that fell among thorns, these are the ones who, when they have heard, go on their way and are choked with _____, riches, and pleasures of life, and produce no mature fruit. But the seed in the good ground—these are the ones who, having heard the word with an honest and good heart, hold on to it and by enduring, produce fruit.

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But everything that was a gain to me, I have considered to be a loss because of Christ. More than that, I also consider everything to be a loss in view of the surpassing value of knowing Christ Jesus my Lord. Because of him I have suffered the loss of all things and consider them as dung, so that I may gain Christ and be found in him, not having a righteousness of my own from the law, but one that is through faith in Christ—the righteousness from God based on faith. My goal is to know him and the power of his resurrection and the fellowship of his sufferings, being conformed to his death, ¹¹ assuming that I will somehow reach the resurrection from among the dead.

- Phil. 3:7-11



My **mindset** needs to **change**.
I need to get my **priorities** straight.
My **focus** needs to be **shifted**.

“Even in reading verse 33 (of Matthew 6) the tendency to worry emerges, for we ask about the meaning of the clause, ‘all these things will be added to you.’ To ask at once how material these things are is a reaction which exposes our materialism. The passage calls us to seek first the Kingdom and leave the secondary matters to His providential care.”

Don't worry about tomorrow,
tomorrow will worry about itself.
Each day has enough trouble of
its own.

- Matt. 6:34

“Jesus speaks of “tomorrow,” as if tomorrow can be a distraction; He speaks of “today,” as if **concentration on today is helpful for disciples wanting freedom from anxiety.** ‘One day at a time,’ ‘Keep it simple.’”

“Come to me, all of you who are weary and burdened, and I will give you rest. Take up my yoke and learn from me, because I am lowly and humble in heart, and you will find rest for your souls. **For my yoke is easy and my burden is light.**”

- Matt. 11:28-30

“For many of us the great danger is not that we will renounce our faith. It is that we will become so distracted and rushed and preoccupied that we will settle for a mediocre version of it. **We will just skim our lives instead of actually living them.**”

- John Ortberg



Wildflower

Clay Finnesand



Beautiful wildflowers, no one
to impress;
Without even trying, they're
perfectly dressed;
The birds of the air composing
their song;
Not even anxious if they have a
home;
Worry has cost me so much;
I guess I'm just learning to trust;
Like a wildflower.