

# FINDING HOPE



# Congregational Assessment

## Feb. 20th



# FINDING HOPE



# Biblical Hope:

*To trust in, to wait for, to expect a better future.*

Finding hope the for the \_\_\_\_\_ among us.

*Anxious*

*Empty*

*Weary*

*Defeated*

“Because of the weight of the past two years I found myself not eating and sleeping, wondering each day how will I keep going?”

-Jen Gamble.

Weary:

A lacking in strength, endurance and vigor, limiting one's patience, tolerance and ability to keep going.

Have you ever considered you might be  
**spiritually weary** – no one is exempt  
from it?

Dr. Lenny Luchettie

To those spiritually weary Jesus  
issues an invitation.

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Matt. 11: 28-30

Your weariness qualifies you  
to come to Jesus.

Hope for the weary by looking  
at the life of Elijah

*"God met the weary Elijah right where he was. Rather than rebuke the prophet, the Lord invited Elijah to step forward and embark on a divinely appointed mission with a renewed sense of purpose and strength."*

-Chris Hodges.







Be aware of your vulnerability  
after the big event.

You might be experiencing  
spiritual warfare.

Receive the gift of limits.

Remember the Sabbath.

Give each other permission  
to take extra time for soul  
care.

Find a source to give you  
perspective.

Be aware of your self talk.

Only those who are still will  
able to hear the wisper.

“There are some things that God will not accomplish with his power, but his tenderness over time.”

-Dr. Rob Reimer

“The LORD is my shepherd, I lack nothing.  
He makes me lie down in green pastures,  
he leads me beside quiet waters,  
he restores my soul.  
He guides me along the right paths  
for his name's sake.  
Even though I **walk**  
through the darkest valley,  
I will fear no evil,  
for you are with me;”

Ps. 23: 1-4

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