

**FAC Small Group Questions  
Sunday Sermon Feb. 13, 2022**

*Choose some of the following questions to review with your group  
and then spend some time in prayer for each other.*

**Icebreaker Opening Questions:**

Will you watch the Super Bowl this year? On a scale from 1 to 10, how invested are you in caring who wins?

**Finding Hope for the Weary  
Read together 1 Kings 19:1-18**

1. Living during a pandemic can be frightening: fear of catching a virus, inflation, and more! What fears do you have right now that are making you spiritually weary?
2. From watching the news, reading the paper, and scrolling social media we are inundated with information. Our bodies become over-stimulated. Elijah needed to rest his body and be restored. What are you doing to restore yourself spiritually?
3. Elijah felt lonely in his service to the Lord. How are you avoiding loneliness during this season of your life?
4. On Mount Sinai, God met with Elijah and asked him twice, "What are you doing here?" Elijah gave the same exact response twice—word for word. What messages are you telling yourself that might be causing spiritual weariness?
5. What do you think God is telling us about himself when he when he speaks to Elijah from the gentle whisper and not the fire or earthquake?
6. Spiritual weariness is an invitation from Jesus to come to him and to be yoked with him. What does this look like practically?
7. How does being part of spiritual community help us over come spiritual weariness?

*Pray for each other as a group. Specifically pray over the situations that are currently creating anxiety, not only for the situation but also for the person experiencing it.*